

Soul Studies Institute

STUDENT HANDBOOK



Training and
education for
healing arts
professionals
consciously healing
the planet...

We guide, teach,
mentor and
supervise students
toward their
highest potential
and being.

Welcome to Soul Studies Institute

We are a community of faculty and students committed to healing and transformation as we increase our awareness of soul's journey into expanding consciousness.

Soul Studies Institute (SSI) a 501(c)3 educational organization was founded in 2001 by James and Wendyne Limber. All these years SSI has been committed to enlightening and teaching those who desire to help people heal and transform their lives as they become therapists, coaches, and leaders in the world. Welcome to the process.

Soul Studies Institute offers **The Imagination Transformation Life Coach Internship Program** - an 18 month/9 Phase transpersonal training program preparing students for work with people healing and transforming core wounds and trauma. *The Imagination Process*®, designed by Wendyne Limber, MA, LMFT, RDT-BCT is at the core of the training work - a depth healing and transformation process for the healing of depression, co-dependency, PTSD, anxiety, love and relationship patterns, grief and loss, self love and personal empowerment, body healing, addiction and more - toward higher consciousness and connection to nature, Universal principles and love. Students work with Wendyne and the faculty team as interns in training.

Transpersonal Curriculum

As a transpersonal program, this training goes beyond traditional psychology and traditional types of Life Coach trainings as we explore and open to the deeper meaning of life, nature, spirituality, mystical experiences, states of consciousness and expansion toward our highest potential and being. We believe that our past programming and original imprints hold the secrets to our behaviors and personality.



Our basic goals and transpersonal teachings will prepare the Transformation Life Coach, do the following when working with others:

- discover/transform wounds from the past
- access inner wisdom and inspiration
- discover core beliefs that create the future
- raise consciousness and heal the brain
- assist in changing habits that sabotage
- assist with processing inner work
- share insights, validate feelings, give unconditional support

The SSI Training Programs are experiential; learning modules completed individually on line and monthly in person workshops; accommodations made for distance students. All training and certification is designed for those who want the skills, knowledge, experience and practice to guide people through deep healing and transformational processes so to open to their highest potential as co-creators of infinite possibilities, to become all they are meant to be.



Soul Studies Institute is a community of faculty and students committed to healing and transformation as we increase our awareness of soul's journey into expanding consciousness. We are here to teach people the secrets of the universe, release the past and create a new life filled with health, vitality, freedom, happiness, youthfulness and love.

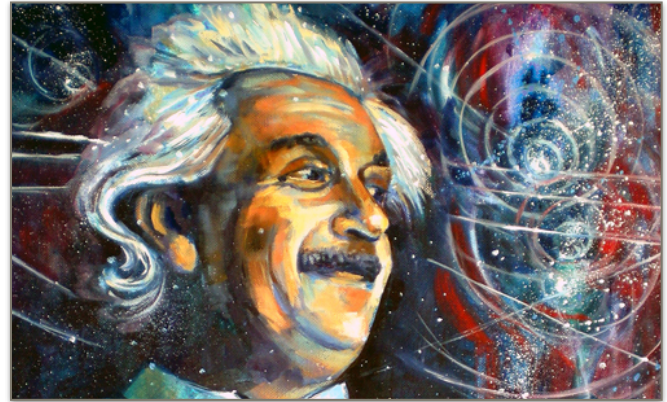
We are educating current and aspiring practitioners of the helping professions.

We guide, teach, mentor and supervise students toward their highest potential and being.

Part I. The Imagination Process®

Part I - The Imagination Process® - Wednesdays, 7-10 pm in Stuart, FL

Much of the training at Soul Studies Institute centers around **The Imagination Process** - our core work. Students begin the training by completing 21 Weeks of The Imagination Process for personal healing and transformation. The **3 phases** of work includes 21 weekly groups; 3 intensive weekends and individual coaching processing sessions.



Students of the process have the opportunity to re-experience and re-frame past pain, which gives them the power to write new outcomes, hence to design a new kind of future. We learn that the very physical cells of the human being can be transformed, even transmuted in an alchemical dance through the combination and integration of the many healing modalities incorporated into *The Imagination Process*.

The Imagination Process works to change lives as participants experience a depth exploration of the patterns and beliefs about Self and the world, which create their present reality and are given the tools to create new realities and personal dreams.

Imagine Phase

Participants begin to learn and understand that whatever we came to believe during our growing up years, as well as our womb and birth experience, we re-create unconsciously in the now.

Participants discover hidden beliefs from early programming and get to:

- Reclaim the Inner Child
- Discover First Imprints
- Transform Toxic Beliefs
- Release Trauma
- Re-pattern the Brain

Intuition Phase

Participants work with the "shadow" aspect of Self - that part of the psyche that acts out inner pain and sabotages our dreams and relationships.

The Universal spiritual principles are also presented in this phase with opportunities to apply and practice new ways of living. This phase is about:

- Integrating the Shadow
- Moving toward wholeness
- Exploration Beliefs
- Universal Spiritual Principles
- Meditation and Inner Work
- Dismantling Limiting Beliefs

Inspiration Phase

Participants work with the Law of Manifestation and Attraction - are given the tools and formula to become conscious creators.

Participants have the opportunity to get clear about their purpose, passion and dreams, becoming committed to their highest potential and being. This phase is about:

- Living the Heart's Desires
- Letting go of Victim Thinking
- Reprogramming Toxic Messages
- Dismantling Limiting Beliefs
- Practicing a Language of Power
- Connecting to Real Love

Part II. Coursework and Practice

- * **A. 9 Learning Modules** - One Learning Module to be completed per phase of the process; Additional Special Topics TBA
- * **B. Advanced Imagination Process** - Personal Healing and Transformation Continues; Tuesday evenings 6:30-9pm
- * **C. Imagination Process Internship and Coaching Practice** - Wednesday evenings, 7-10pm
- * **D. Monthly Hands On Workshop Training**
- * **E. Supervision & Community** - Monday night monthly 7:30-9pm
- F. Yearly Training Retreat and Re-Certification Workshop**

A. There are 9 Learning Modules, One Module to be completed per phase:

Module 1 - Imagination

Module 2 - Inner Child

Module 3 - Consciousness Studies

Module 4 - Body/Mind

Module 5 - Breathwork

Module 6 - Addiction Studies

Module 7 - Psychospiritual Studies

Module 8 - Creative Arts

Module 9 - Coaching/Counseling/Supervision

Optional Module

Module 10 - for Shamanic Minister Credential

Special Topics Hands On Workshops - (Breathwork, Coaching Practice, Ethics and Transpersonal Work, Psychodrama) Times and Dates TBA

B. Advanced Imagination Process

Students are required to attend Advanced Imagination Process on Tuesday evenings in Stuart, FL for continued personal healing and transformation.

Distance Students required to do Advanced Imagination Workbooks and Processing through the SSI Student Group on the Soulville Community Network.

C. Imagination Process Internship & Coaching

Students attend The Imagination Process on Wednesday evenings in Stuart, FL as interns. Distance students will complete this requirement during the Imagination Weekends in addition to Virtual Classes (TBA).

During the 3rd Phase of Internship, Coaching students will begin to facilitate small groups within the process as well as meet with clients for check-ins and coaching practice.

D. Supervision & Community

- for all students is a time to connect, share feelings and issues, go over client concerns and discuss work to be done during the Imagination Process weekly or weekend work.

Students have an opportunity to ask questions, communicate personal and educational concerns.

Interns learn the art and skill of preparing and breaking down physical and spiritual aspects of the group setting.

Note: Distance Students attend the Imagination Weekend Intensives offered 6 times per year, completing additional coursework through home study and on-line or web classes.

E. Yearly Retreat and Re-Certification

One time per year a re-treat and re-certification process will be offered for current students and those who have received the Transformation Life Coach Credential from Soul Studies Institute.

Part III. Competency Evaluation

During the last phase of study, students in the Transformation Life Coach track demonstrate their knowledge, skill and ability to teach the important transpersonal concepts, models or ideas that are a major part of the work. A special night is created with an invited audience for the student to present their work, addressing the following questions and more:

1. Why do we do the work with Birth and First Imprints/ Grof's Map of Consciousness?
2. Describe the Early Childhood Stages of Development related to 7 Chakras/ Inner and Child Healing.
3. What is a transpersonal framework? What are the differences in Transpersonal Healing Counseling/Coaching vs. Traditional Healing and Counseling?
4. What is the Purpose and Process of Shamanic Breathwork?
5. What are the differences in Transpersonal Healing Counseling/Coaching vs. Traditional Healing and Counseling?
6. Explain the 7 Universal Spiritual Principles.
7. Why do we use drama therapy - such as psychodrama and playback theatre for healing?
8. Explain: Quantum Field/Neuro-Science/Vibrations/Frequencies/Brain Waves/Consciousness and Creation and what does this have to with wholeness and healing?
9. What is Psychoneuroimmunology and the Healing Power of Illness? How can you use this information in your work?
10. What are the stages in Relationships and Wound Re-enactment in love relationships? How does this information change your perspective on others?
11. What is Intimacy without Responsibility according to this training?
12. What Special Ethical Topics that may come up in this work?
13. How would you work with Addiction through a Transpersonal Framework?
14. What are the Stages of Joseph Campbell's Hero's Journey?
15. How does writing (and the creative arts) therapeutically work as a transpersonal healing modality? How does sharing personal writing in pairs, in groups, and/or with a therapist further the healing process of an individual?

Part IV. Pre-Requisites

We are looking for students who embrace the healing and transformational work in an extraordinary way. Each student is required to consciously and actively be engaging their own healing process so to heal and transform core wounds - before working with others.

The student intern and later Life Coach is a role model, teacher and mentor, inspiring participants in the process. Below are the prerequisites for training for all students desiring to engage this training process.



- ✓ Student will have completed *The Imagination Process* to release childhood trauma, core issues and patterns from the body. Student may ask or be asked to engage the process more than once so to feel comfortable with *release and expression* through voice, body, psychodrama and more.
- ✓ Student continues personal healing and transformation through the Advanced Imagination Process during the entire training period.
- ✓ Student will demonstrate a new consciousness around victimhood from abuse, understanding and living in healthy relationship and consciousness.
- ✓ Student will demonstrate the ability to be grounded - physically and emotionally stable, reliable and committed to the work, taking care of personal responsibilities and self care.
- ✓ Students will demonstrate and be able to commit to the time and energy for focus on academic tasks and assignments, completing one Learning Module per phase involving the reading of books, writing papers - completing assignments given each phase.
- ✓ Student will demonstrate the ability and commitment to the time and energy attending multiple groups and training sessions each week and month - arriving early for set up and supervision, remaining after groups for clean up and process work; showing up on time and being present.
- ✓ Student will demonstrate the ability to be teachable - aligned with the ethics and principles of *The Imagination Process* teachings, able to receive and follow direction; demonstrate vulnerability and ability to follow through with tasks; be in integrity with words and deeds.
- ✓ Student will be clear minded, free from active addiction to mind altering drugs/ alcohol.
- ✓ Student will demonstrate ability to be a role model for Imagination Process participants, inspiring others to heal and transform through their personal stories Vs. being the authority or the healer, giving advice.
- ✓ Student must demonstrate the ability to financially commit to the training. Any outstanding amount due for The Imagination Process must be paid prior to beginning this new training.

Part V. Tuition

Tuition for the SSI Imagination Transformation Life Coach Training Process is \$5850. Monthly or Phase Payment plans are available. Tuition must be completed by the end of the 18 months of training. Any prior outstanding balance from *The Imagination Process* must be paid prior to beginning the training program.

Advanced Imagination Process, a required course to be taken during the entire training period, is part of the 18 month tuition fee. Additional Advanced Imagination Processes are an additional student tuition fee of \$350 per phase if students exceed the 18th month training time.

Refund Policy: No monetary funds will be refunded once the training has begun.



Part VI. Q & A

1. **When can I begin the Transformation Life Coach Training?** A student may begin the training at the beginning of a new phase. Phase dates are posted on The Imagination Process Web Site: www.TheImaginationProcess.com
2. **How long will it take me to complete the Transformation Life Coach Training?** The training is created to be completed in 18 months or 9 phases of work. Students can work at their own pace however as needed. Individual learning styles and requested accommodations are always honored.
3. **How do I know if I meet all the prerequisites for this process?** Potential students will meet with Wendyne Limber for discussion and decisions concerning readiness for the training after completing the **Soul Studies Application**.
4. **Will I be able to offer The Imagination Process® somewhere else in the country when I have completed the training?** No. Transformation Life Coaches are learning the process as facilitator coaches and are not able to offer the registered process elsewhere at this time.
5. **When I become a Transformation Life Coach, will I be able to work in The Imagination Process?** Once you have graduated as a Transformation Life Coach, you *may* have an opportunity to work on the Therapy Team. This is not automatic and will be determined by a multitude of variables experienced during your internship.

Part VII. Forms & Contact Info

The following Student Forms will give access to websites, forms and community connection for students:

The 9 Learning Modules are on line here: www.SoulStudiesSchool.com

More information about The Imagination Process are here:
www.TheImaginationProcess.com

The Imagination Transformation Life Coach Student Application form is here: <https://fs30.formsite.com/wendyne/tpypycg6xq/index>

The Student Tuition Agreement: <https://fs30.formsite.com/wendyne/zf4qzf3fae/index>

Soulville Community Network for SSI Student Communication:
<https://community.soulville.me/spaces/5723351/feed>

Contact Info

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Soul Studies in Soulville

Merging Consciousness, Spirituality and Transpersonal Transformation

**training and continuing education for healing arts
professionals consciously healing the planet**

ARE YOU READY TO HELP PEOPLE learn the secrets of the universe, release the past and create a new life filled with health, vitality, freedom, happiness, youthfulness and love?

Soul Studies Institute, a 501(c)3 not for profit educational organization, offers...

We are applying the incredible evolution and understanding of brain technology, quantum physics and integrative medicine to re-write the scripts that tell our body what to do, how to be, how to feel, how to re-act, what to eat, drink and be merry with - how big or small to be and what life to manifest.

